



Are you teaching the next generation of energy experts?

We're celebrating 10 amazing years of Canadian teachers and students working together to shape a more energy-aware society.



- New mobile-friendly site coming January 2021
- Kindergarten to Grade 12
- For in-person, hybrid and distance learning
- Fun new challenges
- \$45,000 in prizes!

About the program

The Classroom Energy Diet Challenge is a free competition for K-12 classrooms that aims to increase energy awareness and promote positive action among youth and educators.

How it works

- 1 Choose from 17 different energy topics to **teach** about in class using curriculum-linked lesson plans.
- 2 Have students **complete** the activities provided, in class or at home.
- 3 **Upload** proof (photos/worksheets) of completion via the program website.
- 4 Be automatically entered to **win** cash prizes for your class!

Prizes

This year, there are more prizes for a total of \$45,000, including:

- Classroom Challenges**
Random draws for \$150 for each completed challenge.
- Limited Edition Challenge**
\$2,250 in prizes for participants.

The challenges

Fun new challenges can be completed by in-person, hybrid or distance learning classrooms. Each challenge is designed to encourage students to think critically about their energy use and make energy-aware decisions.

Sample challenges

-  **One Hour, No Power**
Students will discover how productive they can be without using any power at school or at home.
-  **What's Old is New**
Students will create art in class or at home made entirely out of clean, recycled materials.
-  **Video Challenge**
Students will create a short public service announcement about ways to save energy.
-  **Round and Round it Goes**
Students will explore the circular economy and take a closer look at programs that are seeking to reduce waste.
-  **Take Home**
Students, with their families, will calculate the approximate number of items they save from the landfill in a week.

