

Things I use everyday that require energy, and time spent using them:

What I use	How long I use it
Lamp (home)	6-10 hours a day
Ipad (home)	2-5 hours a day
TV (home)	1-6 hours a day
Laptops (school)	2-6 hours week da
Nintendo switch lite	0-6 hours a day

Need (essential)

Fridge lights
 stove lamps
 Microwave

Want (privilege)

ipad
 laptops
 Nintendo switch

To save energy I will give up using laptops and smartboard for the next day because
 We want to save energy. Instead, I will play math and word games

