



Limited Edition: Game Time!

Name _____

Date _____

Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

We buy a lot of food then don't eat it all and it gets moldy so we throw it out	If we have a big plate we put more food and don't get to eat it all
If we don't want to eat food we just throw it away rather than saving it	We buy a lot of extra food that we don't even eat

2. Write or draw four ways that we can reduce food waste:

We only should put the amount of food we will eat	We can use a smaller plate
We should buy the amount we need Of food	We should save food that is totally perfect to eat again

