

waste food is that we take  
to eat and we do not eat it  
age.

The fourth way we waste food is when we  
a restaurants the people that work there get  
plate and assume we can eat it but we ac  
can't so we either overeat or through the f  
away

### ays that we can reduce food waste:

reduce food waste is we can  
not go to waste

The second way we can reduce food waste is  
can put less food in our plate and just put a g  
amount at first so we can put more later

help reduce food waste is we  
fridge so it does not rot

The fourth way we reduce food waste is when  
a restaurant and we cant eat all the food that is  
plate we can give it to someone else like your f  
member of your friend.

