



Limited Edition: Game Time!

Name _____

Date _____

Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

Stocking up our fridges	Asking for more food then leaving a lot of food left
Buying a lot of food we don't need	Putting leftovers in the garbage

2. Write or draw four ways that we can reduce food waste:

Buying food that you need	Saving the leftovers
Ask for a portion of food	Buy things that you need

