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| Do You Really Need It? |
| Things I use everyday that require energy, and time spent using them:   |  |  | | --- | --- | | What I Use | How Long I Use It | | Desktop Computer | 5.6 hours | | Ipad | 1 hour | | T.V. (Family room) | 2 hours | | Ipod (For school) | 3 hours | | Refrigerator | 24 hours | | Freezer | 24 hours | | Mouse | 5.6 hours | | Lights | 5 mins | | Heat | 24 hours | | Washer | 47 mins | | Dryer | 60 mins | |
| Which of these devices are a need (essential)?  Desktop computer , Ipod , refrigerator , freezer , mouse , heat , lights |
| Which of these devices are a want (privilege)?  Washer , dryer , Ipad , lights T.V. , desktop computer |
| **Change the \*\*\*\*\*\* with the item you are giving up for the day and explain why. Also, tell us what you are going to do instead of using that device.**  To save energy I will give up using Ipad for the next day because I can go without this device for a day and I think I will sleep better at night without watching youtube or playing any games on it.  Instead I will do a Totally Awesome Puzzles book that has some puzzles and mazes for you to solve and lots and lots of dot - to - dots that are really really fun to do when you are bored at home or anywhere. |