

sDo You Really Need It?

Names	Item	Time	Need/ Want? *explain why
Alistair	Headphones	30 mins	Want because i don't need them
	Ipad	20 mins	Want because i don't need to watch and play games
	Computer	7 hours	I need it for school
	Xbox	2 hours	
	heat	24/7	warmth
	Electricity	16 hours	
	Shower	10 mins	
	Lamp	1 hour	
Raymond	Computer	8 hour at school	Need it because to do work
	Cellphone	30 min	
	Headphone	40 min	
Dixon	Toaster	5 minutes	
Jack	Iphone	5 hours	I need it to use it so i can call or text me mom or dad want so i can play game. fr A want so i can watch youtube
	Xbox	1hrs 30mins	
	Tv		

	Laptop Lights Toaster Heated floors Fridge	3hrs 10hrs 4hrs 3mins 2hrs 24hrs	I need Need so i can see my homework Want to keep my feet warm
Eric	Computer Phone Tv Car Lights	9 Hour 2 second 10 hour 7 hour 20 hour	I need it to do homework I need it to contact my parents I want To have entertainment I Need to get to place I Need to see in dark
Jordan agbodo	Iphone Ipad Laptop Headphones Shower Lights (around house) Tv Fridge washer/dyer	5hrs 51mins Barely use it 4hrs 2hrs 25mins 3:30 2hrs 24/7 3hrs (when used)	I need my phone because of communication purposes and emergencies. The rest are want besides laptop and house stuff like lights
Johnny A	headphones	4hr	
Ellen Barry	iPhone	8 hrs	Want because you don't need

	iPad Laptop Lights Heaters Oven	1 hr About 4 or 5 hours Like a LOT of time A lot of time About 4 hours a day	them to survive. You can last the day. But for the laptop, need, because it is necessary for school. For the lights, need, because we need lights to see. For the heaters, we need heat to survive. We need the oven because it cooks food and we need food to survive
johnnyA	Iphone Lights	3hr 30mi	Want Want
Grace	Computer iphone Clock , led lights, , microwaves, kitchen lights, Sink , refrigerator car Chargers,	5 hours on laptop- and three on phone a day	At school when I am using my laptop for school work it is a need- But when i use it to play games and watch videos It is a want When I use my phone for communication it is a need But when i use it for games and other social media platforms it is a want
Johnny A	computer	14hr	need
Mia leard	Computer (school) Wireless earbud Ipad (family) Tv Wireless speaker	8 hours 40 min 1 hours 20 min 2 hours	Need Want Want Want Want

	Led lights Lights	10 hours 1 hour	Need (its like a night light but around my window)
Syrin Hassan	My phone My computer Night light microwave	1 hr 3 hr 10h 20 min	Want. I don't need my phone because I can contact my parents through my laptop. Need. I need my computer for school. Want. I want it because it makes my room bright at night. Want. I don't need to microwave my bagels.
Dixon	Computer Iphone TV Lamp Electric toothbrush car	1hr 2hr 3hr 25min 4min 1hr 30 min	need Need N/A N/A N/A need
Johnny Wu	Iphone Computer Ipad shower	50 minute 2 hour 30 minute 7 minute	Need? Because I need it to contact my family and they don't use computers. Need I need my computer to do my school work Want. I want to play video games Need. I am clean I like showering

Jerry Zhao	Laptop Iphone Ipad TV Christmas light =)	4 hours a day 6 hours a day 6 hours a day =) 2 hours a day 1 hours	Need Want Want Want 🤔 Want
Benji Hayes	Computer 🖥️ Earbuds Ipad Toaster/smoothie maker ALEXA(i tell my alexa to turn on my lights, play music and podcast) Tv Light Switch #1 Fridge Heat	7 hours a day 5 hours a day 3 hours a day on the weekend 20 minutes a day 10 hours a day 60minutes 10 Minutes a day 20 minutes 24/7	Need Want Want Want Need Want Want Need need

Jadon davis	Headphones Computer TV PS4 radio/time 24/7	School hrs School hrs 1 hr 5 hr	Need Need Want want
Johnny A	Shower	20	need
Madeline	My iPhone My laptop Shower Sound machine Lights	3h 13 min 3h 10 mins 9h 3h	I need my phone to contact people in case of an emergency. I need my laptop for my school work. I need my shower. I need my sound machine to fall asleep. I need
Bea	My iphone My laptop Lits when i get up My fan Shower	2h 20min 3h 30min 3h 4h 20min 10min	I need my phone so I can call and for an emergency. I need my laptop for school and homework. When i get up i have to pot the lits on At night when I go to sleep. I sawer
Tip	Iphone	1h 30 min	Need: My phone because I use it to get in contact with people

	PS4	1h 49	Want: My ps4 cuz I use when im bored Need:
	Computer	6h 10	
	Oven	40 mins	

Ways we can minimize our energy consumption:

Item	Commitment
Computers	<ul style="list-style-type: none"> • Do not use in free time as much • Talk with our friends • Charge in another space to reduce how tempted we are to use them
Iphones/Phones /ipads/headphones	<ul style="list-style-type: none"> • Challenge to use them less • Set a timer
lights	<ul style="list-style-type: none"> • Turn it off when you leave a room • Use solar panels if available • Turn off night light/open window (full moon be the night light) • Use natural light in the day time
Appliances	<ul style="list-style-type: none"> • Unplug appliances (ghost power) • Use less water in the kettle to boil/only what you need • Open a window instead of fan/air conditioner

What was it like to not use the electronics of your choice for a day?

- It felt strange to unplug the cell phone charger when not in use, and I'll try to keep the habit
- I made the commitment to use natural light where I could - it was easy once I got used to it
- I unplugged my lights (twinkle) when not in use and unplugged appliances we didn't need before bed
- I started to unplug my computer and shut it down when I went to bed (instead of charging overnight)
- I didn't turn on lights for 5 days and it was really dark
- I set a timer for my computer when it was charging and then unplugged it
- It felt normal as a lot of these things I do normally, but I did charge my computer to full and used it until it was dead and then charged it again
- I went around turning off lights in rooms that were not in use
- I used the same cup all day, instead of different cups (less dishes to wash)
- I tried to use less power and less lights and less water. I think I need to work on it to keep using less, but it wasn't as hard
- I think it will be easier once it becomes a routine or habit
- I found it hard to remember
- I'll keep doing it until it becomes habit, but it's becoming easier to remember
- I use natural light as much as possible
- I find it easy as I have the habit to turn out the light.