

## CEDC-DO YOU REALLY NEED IT?

Things I use everyday that require energy, and time spent using them:

What I use (name an energy using item/device)	How long I use it (hours and/or minutes)
ipad	1 hour
ps4	2 hours
oven	10 minutes-2 hours
Dad's phone{non-essentials}	1 hour
microwave	1-10 minutes

**Need (essential)**-Name which of the above items are needs:

Oven, microwave

**Want (privilege)**-Name which of the above items are wants:

Ipad, ps4, Dad's phone{non-essentials}

*In the question below, remove what is written in red and replace it with what it is asking you.*

To save energy I will give up using (ps4) for the next day because(i use it too much ). Instead, I will (go downstairs in my basement and play hockey).

Complete the next part **AFTER** you have gone 24 hours without the item/device.

In at least 3 sentences below, tell me what it was like to be without that item/device for 24 hours.

My day without my ps4 was boring and different. Some of the things I did was going downstairs in my basement to play hockey and do some other exercises. Overall this day wasn't the worst day of my life but I never want to do this again!