

CEDC-DO YOU REALLY NEED IT?

Things I use everyday that require energy, and time spent using them:

What I use (name an energy using item/device)	How long I use it (hours and/or minutes)
My phone	10 mins a day
My computer	0 hours a day (6 hours with online school)
My fridge	2 mins a day
My Ps4	1 hour only on weekends
My Ipad	15 mins a month

Need (essential)-Name which of the above items are needs:

My fridge

Want (privilege)-Name which of the above items are wants:

My phone, my computer, My PS4, My Ipad

In the question below, remove what is written in red and replace it with what it is asking you.

To save energy I will give up using (my phone) for the next day because (I really don't need to use it that much). Instead, I will (read more).

Complete the next part **AFTER** you have gone 24 hours without the item/device.

In at least 3 sentences below, tell me what it was like to be without that item/device for 24 hours.

It was very tricky to not use my phone for 24 hours. I couldn't check my mail or play games on it . This was tricky for me because I really like to have my inbox empty and to not have any unread mail. This experience taught me that I don't really need my phone. Also the book I was reading was very interesting! Maybe I can do this again someday with another electronic device.