



Take-home

Name Nicholas

Date March 3

Waste tracking sheet

Challenge your family to keep as many items out of the garbage as possible this week by composting and recycling, and opting for reusable items rather than single-use ones! A week without trash—think you can pull it off?

Items that were recycled or composted instead of put in the garbage:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: <u>napkins</u>	Items: <u>Banana Peel</u>	Items: <u>Paper</u>	Items: <u>Coffee Filter</u>	Items: <u>Cottage cheese container</u>
Total #: <u>4</u>	Total #: <u>1</u>	Total #: <u>3</u>	Total #: <u>1</u>	Total #: <u>1</u>

Single-use items replaced with reusable options, or items reused multiple times:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: <u>Water bottle</u>	Items: <u>the back of paper</u>	Items: <u>bottles of soap</u>	Items: <u>7 napkins, a board game out of a cereal box</u>	Items: <u>washable masks</u>
Total #: <u>1</u>	Total #: <u>1</u>	Total #: <u>1</u>	Total #: <u>1</u>	Total #: <u>1</u>

Items placed in the garbage:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: <u>2 plastic bags</u>	Items: <u>plastic bags</u>	Items: <u>paper towel</u>	Items: <u>1 milk bag</u>	Items: <u>napkin bag</u>
Total #: <u>2</u>	Total #: <u>2</u>	Total #: <u>3</u>	Total #: <u>1</u>	Total #: <u>1</u>

Weekly grand total of items put in the garbage: 9

Weekly grand total of items kept out of the garbage: 15

