

Limited Edition: Game Time!

Students will learn about food waste and its connection to energy, brainstorm ways to reduce waste, and participate in a game that explores this problem.

Learning Outcomes

- ✓ Discuss the issue of food waste and its connection to energy consumption
- ✓ Learn about ways to reduce food waste
- ✓ Play a game that teaches about food waste

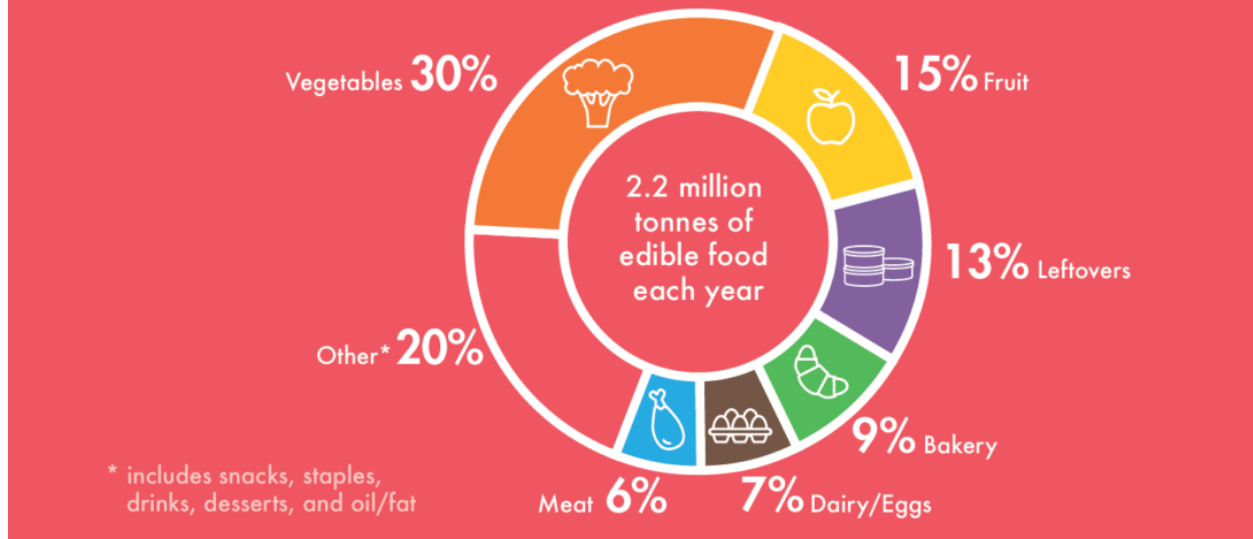
1. You and Food Waste!

Think back over the past week. **What items of food have you thrown out?** This can include: fruits and vegetable peels, rotten food, food that fell on the ground, tops and ends of fruits and vegetables, food that you did not like, stalks, cores, stems etc.

2. What is food waste?

Food Waste is any food that has been thrown away that could have been eaten.

WHAT IS WASTED IN CANADIAN HOUSEHOLDS?



Why would food be thrown away? Come up with as many ways points as you can in point form.

3. Why is food waste an issue? Click on the following link and fill in the missing information

<https://lovefoodhatewaste.ca/about/food-waste/>

_____ of the food Canadians throw away could have been eaten.

For Canada as a whole, that amounts to almost 2.2 million tonnes of edible food wasted each year, costing Canadians in excess of _____ billion.

For the average Canadian household that amounts to 140 kilograms of wasted food per year – at a cost of more than _____ per year!

4. Why is food waste a problem and how can we prevent waste?

a) Watch the following video to answer the question

<https://www.pbslearningmedia.org/resource/ee18-sci-foodwst/kids-go-green-reducing-food-waste/>

b) Look back at the top of the page where you wrote the food that you threw out. Write down ways you could have saved or re-used those items.

THE CHALLENGE!

We are to create a Kahoot game to submit as proof for this activity! Please submit me 3 multiple choice questions (with 3 possible answers and one correct answer) that relate to the topic of food waste and prevention. I will put them together in a Kahoot that we will play.

Question 1:

Question 2: