



# Take-home

Name \_\_\_\_\_

Date \_\_\_\_\_

## Waste tracking sheet

Challenge your family to keep as many items out of the garbage as possible this week by composting and recycling, and opting for reusable items rather than single-use ones! A week without trash—think you can pull it off?

### Items that were recycled or composted instead of put in the garbage:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: 15.	Items: 12.	Items: 11.	Items: 24.	Items: 21.
Total #:	Total #:	Total #:	Total #:	Total #:

### Single-use items replaced with reusable options, or items reused multiple times:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: 11.	Items: 13.	Items: 21.	Items: 36.	Items: 11.
Total #:	Total #:	Total #:	Total #:	Total #:

### Items placed in the garbage:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: 12.	Items: 13.	Items: 14.	Items: 15.	Items: 16.
Total #:	Total #:	Total #:	Total #:	Total #:

Weekly grand total of items put in the garbage: \_\_\_\_\_

Weekly grand total of items kept out of the garbage: \_\_\_\_\_

