



Do You Really Need It?

Name _____

Date _____

Worksheet

Things I use everyday that require energy, and time spent using them:

What I use	How long I use it
laptop, ipad	4 ½ hours a day
Fridge , stove	365 every day
Lights,night lights, charging my devices to 100%	4 hours a day
Heat,AC	3 ½ months

Need (essential)

Fridge,Heat, stove

Want (privilege)

Lights, laptop, ipad, night lights, AC, charging my devices to 100%

To save energy I will give up using Night lights for the next day because
They use alot of energy . Instead , I will Not use the night light .

