

## Response to Hour Without Power



Henry Kelsey/Things I need to mark x



[Redacted]  
to me ▾

Wed, Mar 10, 4:44 PM (13 days ago)



I didn't turn on any lights from 3:40 to 4:40. I usually only turn on lights at around 6:00. It was pretty normal to me.

Stephen

Hour Of No Power ☆ 🗑️ 📄

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### Hour Of No Power

Here's my reflection of Hour Of Power. It's near spring, so the days are only going to get longer since I did mine from 4-5 pm. If it was in the winter, I would have to buy a candle. Overall, the Hour No Power could have been more difficult, but still, it's a good way to save energy.

## Energy diet challenge

Henry Kelsey/Things I need to mark x



[Redacted]  
to me ▾

Fri, Mar 12, 9:13 AM (11 days ago)



Yesterday at 3:30-7:30 pm, there was a power outage, I only remember the time because my sister was supposed to have a class at that time but couldn't get in because of the power outage. It was sort of fun but I was hungry. The funniest part was that my sister missed her class and almost got in trouble.

# Reflection on "Hour with no power"



Henry Kelsey/Things I need to mark x



[Redacted] to me

Thu, Mar 11, 9:38 PM (12 days ago)



During the hour with no power in my room, I was upgrading my pc with better specs but it was dark as there was not much light coming through the window, after that, I did my french homework. I felt like since there was not much light in my room I felt like something of someone was watching me. Later with the remaining 10 mins, I started to clean my room from all the cables that were everywhere. So in summary the hour without power was fun but dark.

[Redacted]

## Hour without power

Henry Kelsey/Things I need to mark x



[Redacted] to me

Fri, Mar 12, 9:15 AM (11 days ago)



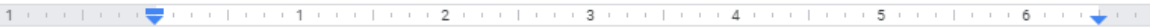
So yesterday, I came home and went to my room since it has tons of sunlight and the lights in my room are never on. So I wasn't sure if I was really allowed to use my phone since it uses power that was charged into it from before so I just used it a little bit. For the most of the time, I just walked around my room trying to look for things that could be thrown out since my room has like a thousand things in it. With the other time of the hour, I was going through old art things and cleaning some dusty trophies.

Reflection about Energydiet challenge ☆ 🗑️ ☁️

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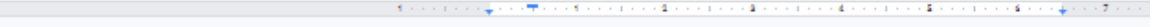
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When I was in the room without any lights I felt lonely because there are no one around to talk with me and I got bored and took a nap.



## Reflection on Keeping The Lights Off

When keepings the lights off for an hour it was kinda normal for me. Probably because I always have my lights off anyways. But one thing that happened is my mom came into my room and yelled " Emma you have your lights off again thats why its so dark". Not to mention my shades were still up, but my window was facing the opposite side of where the sun was so it wasnt that bright. I yelled back saying it's not too dark and I'm doing it for school". She then said fine but turned it back on after an hour. I agreed and just stayed on my phone until the hour ended. After an hour I turned back on the lights. So in the end i still like the lights off because i like staying in the dark but i still have to keep it on because i'm told to. But I still turn off the lights when leaving the room to save energy.

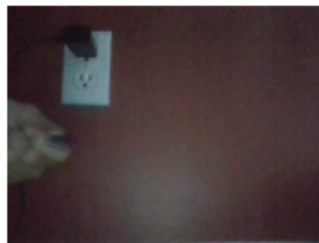


### Turning Off Lights For An Hour- Energy Diet Challenge

As an energy diet challenge, my class was told to turn off the lights for an hour. However, since our classroom has no windows, we were not able to succeed in this challenge. But, we had to comprehend, and decided to go home and complete this challenge.

I wanted to take part in this challenge, so I did not turn on my lights for over an hour. In my house, we have a lot of large windows, and use the natural light; sun, to provide us with light. Also, my family does not turn on the lights, until it gets pitch dark, which is around 8:30 p.m. So we were keeping our environment healthy, and saving money. I had also taken videos between each hour, to prove that I had participated in this challenge. During the couple of hours of no lights, I finished my homework, and listened to "Disney Music".

Not only did I turn off my lights today, I also incorporated another energy diet lesson. The other day, I learned about phantom power. Phantom power is basically unused power, like when a plug is plugged into an outlet, but is not charging or in use for anything, that's phantom power. So using my knowledge at school, I came home and turned off the T.V wire, because it was not in use at the moment. I also unplugged the lamp light, because my sister has a habit of keeping the plug in when not in use. So I have to take responsibility, and unplug it from the outlet.



(Example of phantom power)

In conclusion, my experience towards turning off the lights for an hour was not hard to accomplish. Infact, turning off your lights for an hour or more, has a positive impact towards our environment and your electricity bill.