

# One Hour No Power

## - Tracking Sheet

Keep track of how many hours you can go without power. You need a minimum of 15 hours. You must complete the online form to receive credit for the challenge. Good luck!

Date	Time without power	What did you do?
March 2, 2021	1 ½ hours	Eating, indoor playing (e.g., PlayDoh, Lego, doodle books), calendar, outdoor playing
March 3, 2021	2 ½ hours	Eating, indoor playing at nutrition break, clean-up, calendar routine, art activity, outdoor playing
March 4, 2021	3 hours	Eating, indoor playing, outdoor playing 1st and 2nd break, calendar,
March 5, 2021	1 ½ hours	Eating, indoor playing (puzzle Friday, PlayDoh, Lego, etc), calendar, read-aloud, outdoor playing
March 8, 2021	1 hour	Eating, indoor playing, outdoor playing
March 9, 2021	2 hours	Eating, indoor playing, read-aloud, calendar routine, outdoor playing
March 10, 2021	50 minutes	Eating, indoor playing, getting ready for home
March 11, 2021	1 hour 30 minutes	Eating, indoor playing, outdoor mindful walk and playing
March 12, 2021	2 hours	Eating, indoor playing, outdoor sense and savour walk and playing, calendar
March 15, 2021	1 hour 40 minutes	Eating, indoor playing, getting ready for home
March 17, 2021	2 hours 20 minutes	Eating, indoor playing, art activity, getting ready for home, mindfulness colouring
March 18, 2021	1 hour 30 minutes	Eating, indoor playing, getting ready for home
March 19, 2021	1 hour	Eating, indoor playing
March 22, 2021	1 hour 30 minutes	Eating, indoor playing, getting ready for home, outdoor playing

March 23, 2021	1 hour	Eating, indoor playing, getting ready for home, outdoor playing
March 24, 2021	75 minutes	Eating, indoor playing, outdoor PE, getting ready for home
March 25, 2021	2 hours	Eating, playing, calendar, outdoor PE, discussion about our Earth Hour activities, getting ready for home
March 26, 2021 - Earth Hour at school	2 hours 15 minutes	Eating, playing, calendar, Earth Hour Activities, Finish-up Friday, getting ready for home

Total hours of no power: 30 hours (and 20 minutes)