



Limited Edition: Game Time!



Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

Throw away fruits and vegetables.	Buying too much food.
Not eating bad shaped food.	People throw food that they don't like.

2. Write or draw four ways that we can reduce food waste:

Put food in the fridge	Share your food with your friend if you don't like it.
You can put food in the organic bin.	If you ate your food and you are still hungry ask for more.





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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>We feel full so we throw unfinished food in the garbage.</p>	<p>When we buy too much food it gets expired and wasted.</p>
<p>We throw the spoiled food when we found mold on it.</p>	<p>We throw the food when we don't like it.</p>

2. Write or draw four ways that we can reduce food waste:

<p>Store the leftovers in the fridge. Freeze the food for longer storage.</p>	<p>Eat food before it gets expired.</p>
<p>Share when you have too much food.</p>	<p>Check and make a list before going to the mall. So we can avoid buying unnecessary food.</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

it gets spoiled	you don't finish it
too much food	you don't like it

2. Write or draw four ways that we can reduce food waste:

freezing food	sharing food
saving food for later	pickling



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>put food in the garbage.</p>	<p>buy too much food.</p>
<p>don't finish our leftovers</p>	<p>put too much food on our plate.</p>

2. Write or draw four ways that we can reduce food waste:

<p>finish our leftovers.</p>	<p>buy a good amount of food (not too much).</p>
<p>share food if it's too much for you.</p>	<p>Put food in the organic waste if it is dirty.</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>We waste food by not buying ugly food but it still tastes good but it goes to waste because no one buys it.</p>	<p>By Having so many food on your plate</p>
<p>People dont pickle it because they think it will tastes bad.</p>	<p>people dont compost</p>

2. Write or draw four ways that we can reduce food waste:

<p>by composting our vegetable peels</p>	<p>dot have so many food on your plate. If you want more food if it's too little bit you can ask for more.</p>
<p>Pickle your food, It doesnt taste that bad.</p>	<p>You can buy the ugly food. It doesnt look perfect but it taste normal.</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

because it does not look good	maybe it is too much food
maybe you do not like it	you want to eat something else

2. Write or draw four ways that we can reduce food waste:

buy even tho you do not like it just try to eat it	do not throw it in the garbage
if you do not like it just make it something else	eat all your food





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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>we can waste food by putting more and more food on your plate.</p>	<p>we do not always refrigerate food and it can spoil.</p>
<p>we can throw it in the garbage</p>	<p>we can buy lots of food</p>

2. Write or draw four ways that we can reduce food waste:

<p>we can put less food on your plate</p>	<p>you can buy less food when you are at the store.</p>
<p>go shopping once in a week</p>	<p>use all the food also the skins</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

Have too much food on your plate	Buy too much food when shopping
NOT storing the food in the fridge or freezer	throwing in the garabage

2. Write or draw four ways that we can reduce food waste:

finish all the food in my plate	store the leftover in fridge
preserve food by pickling	freezing the food



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

Because of ugly food	Because you don't like it
Because it gets moldy	Because you keep it in your house 🏠 🏠 to long

2. Write or draw four ways that we can reduce food waste:

You can pickle it so you can keep it longer	Don't buy too much food
Make a shopping 🛒 📄 list	Eat food your food before it expires





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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

you dont like how it tasetes	it loookes ugly
it is old	it lookes odd

2. Write or draw four ways that we can reduce food waste:

do not get alot of food on your plate if you are not going to eat it	bye food and keep in the fridge
dont leave it to long becus eit might be expired	do waist food





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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

too much food 	not eating it
it is ugly 	Mold on food

2. Write or draw four ways that we can reduce food waste:

eat more 	eat ugly food
say to your mom or dad it is too much food 	eat your food





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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

you not like it	people don ate it
too much food	

2. Write or draw four ways that we can reduce food waste:

Store leftovers in the Fridge	Freeze food for longer storage
Pickling, Drying food, Preserve food	Check fridge and make a list of food you





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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

too much food	feeling full
Mold on food	Deformed/ugly fruits and vegetables

2. Write or draw four ways that we can reduce food waste:

Share your food	Store leftovers in the Fridge
Eat food before expires	Pickling, Drying food, Preserve food



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>Put the leftover in the garbage.</p>	<p>If you are full just throw it out.</p>
<p>throw out spoiled food.</p>	<p>throw ugly food in the garbage.</p>

2. Write or draw four ways that we can reduce food waste:

<p>Share food.</p>	<p>Compost it.</p>
<p>Put leftover in the fridge.</p>	<p>Get less if you are hungry get more.</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>Buying too much food</p>	<p>if I do not finish my food</p>
<p>if we do not make a shopping list</p>	<p>if the food gets spoiled</p>

2. Write or draw four ways that we can reduce food waste:

<p>only buy grocery which you need</p>	<p>you should finish it</p>
<p>if you bought too much grocery you can share it</p>	<p>you can put it in the fridge</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>Sometimes it doesn't look good</p>	<p>Sometimes it doesn't smell good</p>
<p>Sometimes you're full and you throw it out</p>	<p>It is ole</p>

2. Write or draw four ways that we can reduce food waste:

<p>You can share ti</p>	<p>Put it in the frigid</p>
<p>Maybe not take so much</p>	<p>Maybe save it</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

Make it stay in the fridge too long 	Make vegetable and fruits stay too long
Buy more than what you need 	Cook too much

2. Write or draw four ways that we can reduce food waste:

shop smart 	Store food correctly
save leftovers 	Learn to Preserve



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>deformed fruits and vegetables .</p>	<p>not eting it.</p>
<p>mold on food .</p>	<p>you dont like it .</p>

2. Write or draw four ways that we can reduce food waste:

<p>eat food befor it expiers .</p>	<p>share your food .</p>
<p>don"t buy to much food .</p>	<p>store left over food in the fridge .</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

throw the food	ugly food not take
some food put in the garden	take to much food

2. Write or draw four ways that we can reduce food waste:

donate food	put in the freezer
share the food	check the expiry date





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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

<p>Some people eating ice cream, the ice fell on the ground, so it can't eat.</p>	<p>The bread that some people bought hasn't finished, but it's expired and can't be eaten.</p>
<p>Some people ate half an apple and threw away the other half.</p>	<p>Some People eat what they like, don't eat what they don't like.</p>

2. Write or draw four ways that we can reduce food waste:

<p>I eat apple I can't eat the whole so I give apple to my sister.</p>	<p>Don't give me too much food give me I need.</p>
<p>Don't buy too much food just buy what you need.</p>	<p>If you can't eat your food then put in a box, and it will be compost.</p>



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Food waste worksheet (Option 1)

1. Write or draw four ways that we waste food:

Fruit and vegetable rotten if not used in time.	Corners of bread
Too much of food purchased	Not eating our full meal.

2. Write or draw four ways that we can reduce food waste:

By sharing	By eating what we have
Eating our fruits and vegetable on time	Not buying whatever we see in the store.