

Take-home

Name Randeek

Date March 19th

Waste tracking sheet

Challenge your family to keep as many items out of the garbage as possible this week by composting and recycling, and opting for reusable items rather than single-use ones! A week without trash—think you can pull it off?

Items that were recycled or composted instead of put in the garbage:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|---|-------------------------------------|--|---------------------------------------|---|
| Items: Milk bottles, water bottles, cardboard boxes | Items: water bottles, leftover food | Items: Tea bags, cardboard boxes and bottles | Items: bottles, papers, leftover food | Items: Bottles, papers, milk bottles, leftover food |
| Total #: 3 | Total #: 2 | Total #: 3 | Total #: 3 | Total #: 4 |

Single-use items replaced with reusable options, or items reused multiple times:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|-----------------------------|--|---------------|-----------------------------|--------------------------------|
| Items: dishes, cloth towels | Items: reusable shopping bags, bottles | Items: dishes | Items: dishes, cloth towels | Items: cloth towels and dishes |
| Total #: 2 | Total #: 2 | Total #: 1 | Total #: 2 | Total #: 2 |

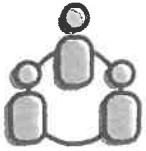
Items placed in the garbage:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|-------------------------------------|---------------------------------|--|------------------------------|------------------------------|
| Items: Dippers, plastic raps, Foils | Items: veggie peels, Food peels | Items: Dippers, toilet paper, plastic raps | Items: Dippers, garbage bags | Items: plastic raps, dippers |
| Total #: 3 | Total #: 2 | Total #: 3 | Total #: 2 | Total #: 2 |

Weekly grand total of items put in the garbage: 36

Weekly grand total of items kept out of the garbage: 252





Take-home

Name Andrew

Date March 19

Waste tracking sheet

Challenge your family to keep as many items out of the garbage as possible this week by composting and recycling, and opting for reusable items rather than single-use ones! A week without trash—think you can pull it off?

Items that were recycled or composted instead of put in the garbage:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|---|--------------------------------|------------------------------------|-------------------------------------|--|
| Items: newspaper Juice and milk carton | Items: newspaper egg carton | Items: newspaper popcorn box | Items: newspaper cat food can | Items: newspaper toilet paper roll |
| Total #: 2 | Total #: 2 | Total #: 2 | Total #: 3 | Total #: 2 |

Single-use items replaced with reusable options, or items reused multiple times:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|-----------------------------------|--|---|--|------------------------------------|
| Items: newspaper yog Bottle | Items: newspaper mouth wash Bottle | Items: newspaper Liquit soap container | Items: newspaper Body Lotion and Body wash Bottle | Items: newspaper Kleenex box |
| Total #: 2 | Total #: 2 | Total #: 2 | Total #: 3 | Total #: 2 |

Items placed in the garbage:

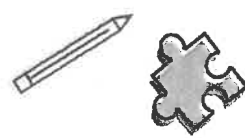
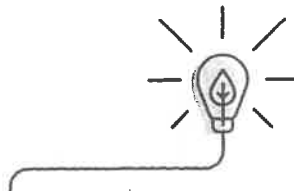
| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|--|-----------------------------------|-------------------------------------|---------------------------------------|--------------------------------------|
| Items: newspaper hand soap container | Items: newspaper container lid | Items: newspaper Fruit container | Items: newspaper Dessert container | Items: newspaper Jug Container |
| Total #: 2 | Total #: 2 | Total #: 2 | Total #: 2 | Total #: 2 |

Weekly grand total of items put in the garbage: 33

Weekly grand total of items kept out of the garbage: 34



Classroom Energy Diet Challenge



Energydiet.ca



Take-home

Name

Hirey + gk

Date

March 22-26

Waste tracking sheet

Challenge your family to keep as many items out of the garbage as possible this week by composting and recycling, and opting for reusable items rather than single-use ones! A week without trash—think you can pull it off?

Items that were recycled or composted instead of put in the garbage:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|-------------------------|---|-------------------------|-------------------------|-------------------------|
| Items: <u>newspaper</u> | Items: <u>batteries</u> <u>Newspaper</u> | Items: <u>Newspaper</u> | Items: <u>Newspaper</u> | Items: <u>Newspaper</u> |
| Total #: | Total #: | Total #: | Total #: | Total #: |

Single-use items replaced with reusable options, or items reused multiple times:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|-------------------------------------|-------------------------|---------------------------|--------------------------|----------------------------|
| Items: <u>restaurant containers</u> | Items: <u>batteries</u> | Items: <u>egg cartons</u> | Items: <u>egg carton</u> | Items: <u>water bottle</u> |
| Total #: | Total #: | Total #: | Total #: | Total #: |

Items placed in the garbage:

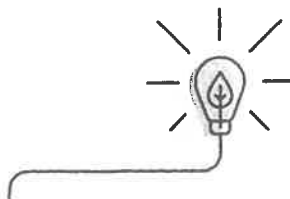
| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Items: <u>banana peel</u> | Items: <u>banana peel</u> | Items: <u>banana peel</u> | Items: <u>banana peel</u> | Items: <u>banana peel</u> |
| Total #: | Total #: | Total #: | Total #: | Total #: |

Weekly grand total of items put in the garbage: 15

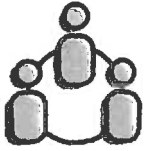
Weekly grand total of items kept out of the garbage: 14



Classroom Energy Diet Challenge



Energydiet.ca



Take-home

Name Jenna

Date Mar 20-24

Waste tracking sheet

Challenge your family to keep as many items out of the garbage as possible this week by composting and recycling, and opting for reusable items rather than single-use ones! A week without trash—think you can pull it off?

Items that were recycled or composted instead of put in the garbage:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|---|---|---|---|--|
| Items: - Orange Juice Bottle Plastic container - Recyclable food container | Items: - Strawberry box - Carrot and Parsnips (Compost) - Corflute board - Bell pepper waste | Items: - Milk carton - Box - Egg carton - Soap bottle | Items: - Milk - Cookie box - Torned Beef can - Plastic container | Items: - Plastic container - Boxes (7) - Egg carton - Plastic cup |
| Total #: 2 | Total #: 6 | Total #: 4 | Total #: 4 | Total #: 5 |

Single-use items replaced with reusable options, or items reused multiple times:

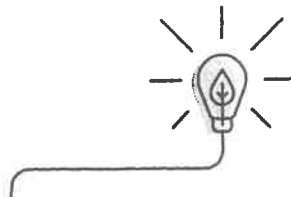
| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|--|---------------------------------------|------------|---|----------------------|
| Items: - Sponge - Take-out food container | Items: Carrot and Parsnips | Items: | Items: - Egg carton - Paper towel roll - Plastic Food container | Items: - Plastic Bag |
| Total #: 2 | Total #: 0 | Total #: 0 | Total #: 3 | Total #: 1 |

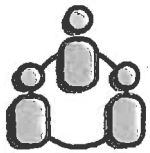
Items placed in the garbage:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|--|---|---|---|---|
| Items: - Plastic - Leftover food - Rotten Vegetables - Old Sponge - Non-recyclable food containers | Items: - Dirt on the floor - Strawberry stem - Non-recyclable Plastic - Paper bag - Tissues | Items: - Wrappers - Tissues - Fruit peels | Items: - Water Plastic Bags - Plastic wrapper - Wrappers - Tissues - Mango peels - Leftovers - in Food | Items: - Mask - Leftovers - Tissues - Banana peels - Plastic Wrappers - Plastic bags |
| Total #: 5 | Total #: 6 | Total #: 3 | Total #: 7 | Total #: 6 |

Weekly grand total of items put in the garbage: _____

Weekly grand total of items kept out of the garbage: _____





Take-home

Name Martin

Date March 19

Waste tracking sheet

Challenge your family to keep as many items out of the garbage as possible this week by composting and recycling, and opting for reusable items rather than single-use ones! A week without trash—think you can pull it off?

Items that were recycled or composted instead of put in the garbage:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|-----------------------------|--------------------|---------------------|-----------------------|--------------------|
| Items: Plastic container | Items: Coke can | Items: empty box | Items: tissue cone | Items: Coke can |
| Total #: 3 | Total #: 6 | Total #: 2 | Total #: 2 | Total #: 3 |

Single-use items replaced with reusable options, or items reused multiple times:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|-----------------------|---------------|------------------|-----------------------|---------------|
| Items: plastic bag | Items: can | Items: carton | Items: plastic bag | Items: can |
| Total #: 5 | Total #: 2 | Total #: 3 | Total #: 3 | Total #: 3 |

Items placed in the garbage:

| Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|------------------------|----------------------|----------------------------|----------------------------|----------------|
| Items: Fruit scraps | Items: meat bones | Items: vegetable scraps | Items: vegetable scraps | Items: meat |
| Total #: 4 | Total #: 4 | Total #: 5 | Total #: 4 | Total #: 2 |

Weekly grand total of items put in the garbage: 19

Weekly grand total of items kept out of the garbage: 32

