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What's For Lunch

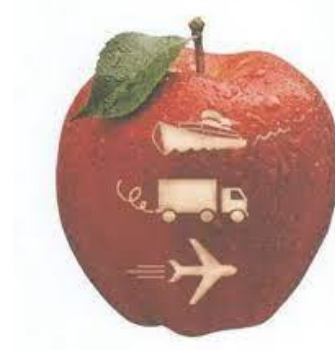


Overview



Food Miles

- “Food miles” is the distance food is transported from the time of its making until it reaches the consumer.
- The concept of food miles originated in the early 1990s in the United Kingdom.



Why is this Important

- Food miles are one factor used when testing the environmental impact of food, such as the carbon footprint of the food.
- If your ingredients have come a long way, they may have a heavy carbon footprint. That's especially likely if they arrived by air – due to the high climate impact of planes.



The Activity

- Check classroom links
- Find recipes with ingredients
- Sides (1 or more), Main course, Dessert
- Be ready to give an overview to the class

