



Water Works

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Worksheet - Day 1

This worksheet is for offline tracking only. You must complete the online form in order to receive credit.

Average water consumption for daily functions

- Flushing toilet (low flush): 6 litres
- Hand washing dishes: 35 litres
- Dishwasher: 40 litres
- Brushing teeth (tap off): 1 litre
- Flushing toilet (old flush): 13 litres
- Showering (5 minutes): 100 litres
- Brushing teeth (tap on): 10 litres
- Bath: 150 litres
- Cooking: 20 litres
- 1 load of laundry: ~~20~~ 50 litres

Use the following chart to track your water use.

DAY 1

A: Water function	B: Average water consumption (see table above)	C: Number of times used in one day	D: Total litres (B x C)
Flushing toilet	6	HHHIIII	48
Brushing teeth	1	HHHHII	7
Cooking	20	I	20
Hand washing dishes	35	II	70
1 load of laundry	50	I	50
Bath	150	IIII	600
Dishwasher	40	I	40
Total litres of water used on Day 1:			835

