I created a garden a while ago with both a plant and an avocado pit. Not necessarily a garden but at my moms house we have foods like cucumbers and little tomatoes. Most of it is thriving except for one lemon tree which always dies in the winter and barley comes back in the summer but does not have enough time to grow by the winter. My brother also made a vertical garden which is very revolutionary which we also use. There is a huge benefit, I may not grow a ton of plants but you can eat them which is a sustainable way of getting resources. Now if you have a huge farm you could sell you crops. And for me, they are a small snack sometimes such as when a small tomato fully grows, or a cucumber is grown then our family will eat them or put them part of a salad. There are a lot of benefits of a garden and more people should make them. It's also nice to know that you're helping the environment with every plant you grow.

Sadly I can't take a picture of the garden since it is mostly at my moms and I am currently at my dad's house now. This is a fun experience to share though and I picked this one because the topic interested me.