



One Hour No Power

Name Eric

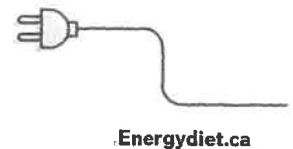
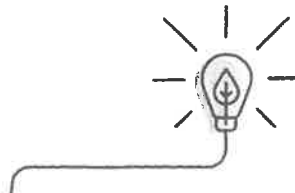
Tracking Sheet

Date _____

Keep track of how many hours you can go without power. You need a minimum of 15 hours. You must complete the online form to receive credit for the challenge. Good luck!

Date	Time without power	What did you do?	
April 12	11:00-11:30	Gym	30min
April 12	11:55-12:25	Lunch recess	30min
April 12	12:40-1:00	Reading	20min
April 12	1:00-1:35	Ukrainian	35min
April 12	1:35-2:15	Science	40min
April 12	2:15-2:30	LAST recess	15min
April 12	2:30-2:45	Agenda	15min
April 13	8:15-8:40	recess Morning	30min
April 13	9:15-1:30	Religion	30min
April 13	9:30-10:15	social studies	50min
April 13	10:15-10:30	recess first	15min
April 13	10:30-11:30	Math	65min
April 13	11:30-11:55	Novel	30min
April 13	11:55-12:25	LUNCH RECESS	30min

Total hours of no power: 7:15



8:50



One Hour No Power

Name Emily

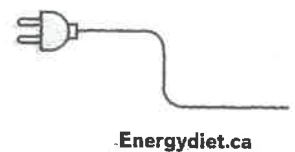
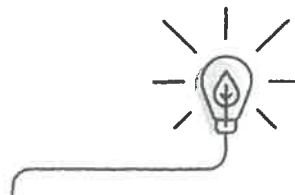
Date March 2011

Tracking Sheet

Keep track of how many hours you can go without power. You need a minimum of 15 hours. You must complete the online form to receive credit for the challenge. Good luck!

Date	Time without power	What did you do?	
March 15th	8:50 - 11:10	Save light ✓	2
March 16th	8:50 - 9:35	Save light	45
March 17th	10:50 - 11:00	Save energy	10
March 18th	8:50 - 10:15	Save light ✓	25
March 19th	9:50 - 10:30	Save energy	1
March 19	1:05 - 2:30	Saving light	1:25
March 22	8:40 - 9:50	save light	1:10
March 22	9:50 - 12:55	Saving light	
March 24	10:15 - 11:55	save light XD	
March 25	8:50 - 10:30	Math and music	
April 6	8:40 - 9:50	Save light Gym and Spelling	
April 7	8:50 - 11:50	Save light	
April 8	8:50 - 10:40	Save light	

Total hours of no power: 10 hrs. 25 mins



Energydiet.ca



One Hour No Power

Name ERIC

Date _____

Tracking Sheet

Keep track of how many hours you can go without power. You need a minimum of 15 hours. You must complete the online form to receive credit for the challenge. Good luck!

Date	Time without power	What did you do?	
April 13	12:40-12:55	Reading	15
April 13	12:55-1:35	Art	40
April 13	1:35-2:15	French	40
April 13	2:15-2:30	Recess	15
April 14	8:15-8:40	Morning recess	25
April 14	8:40-8:57	prayer	10
April 14	8:50-9:45	gym	55
April 14	9:45-10:15	Spelling	20
April 15	8:40-8:50	prayer	10
April 15	8:50-9:45	French	55
April 15	9:45-10:15	Spelling	30
April 15	10:15-10:30	First recess	15
April 15	10:55-11:15	Social studies	20
April 15	11:15-11:45	Novel	30

Total hours of no power: 6:35

