

Food waste is a big problem in today's society. So here are the some ways to help with it.

1. Buy food that you will eat and not waste it
2. Don't leave open food containers and cartons lying around
- 3 Use some of your left overs wisely
- 4 Store food correctly and that will last longer
- 5 Always make a shopping list so that you don't buy stuff eAt you wont eat
- 6 Avoid canned foods that have a crack or that look like they've been open

The benefits from this will include: more food programs that work to save the hungry will have more of what they need to do the job. And there will be less landfills.



Why this tricks works!

- 1: You will have food that you will eat
- 2: You will be helping food programs that are in need.
- 3: And if you do ll of these you will be Helping people that are in need and people that need the food