



# Take-home

Name Mirina

## Waste tracking sheet

Date \_\_\_\_\_

Challenge your family to keep as many items out of the garbage as possible this week by composting and recycling, and opting for reusable items rather than single-use ones! A week without trash—think you can pull it off?

Items that were recycled or composted instead of put in the garbage:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: -plastic water bottle -cereal box -milk carton	Items: -two plastic water bottles -egg carton	Items: -milk carton -oatmeal box	Items: -feta cheese carton -plastic water bottle	Items: -egg carton -milk carton
Total #: 3 items	Total #: 3 items	Total #: 2 items	Total #: 2 items	Total #: 2 items

Single-use items replaced with reusable options, or items reused multiple times:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: -plastic groceries bag -plastic straw	Items: -two plastic straws	Items: -plastic spoon	Items: -plastic water bottle	Items: -plastic grocery bag -plastic
Total #: 2 items	Total #: 2 items	Total #: 1 item	Total #: 1 item	Total #: 2 items

Items placed in the garbage:

Day 1	Day 2	Day 3	Day 4	Day 5
Items: -milk bag -3 paper towel	Items: -butter wrapping -medical mask	Items: -cleaning wipes -cookie bag	Items: -mask -2 paper towel	Items: -milk bag -butter wrapping
Total #: 4 items	Total #: 2 items	Total #: 2 items	Total #: 3 items	Total #: 2 items

Row #2 Weekly grand total of items put in the garbage: 13 items

Row #3 Weekly grand total of items kept out of the garbage: 20 items

## CEDC-Take Home Challenge

Please take a picture of your Take Home Challenge page and attach to this document. When you are done, please turn in the assignment.