

Classroom Energy Diet Challenge

	1	Name		
Worksheet - Day 1]	Date		
Average water consumption for dail	y functions			
Flushing toilet (low flush): 6 litres	Hand washing dishes: 35 litres	Dishwasher: 40 litres		
Brushing teeth (tap off): 1 litre	Flushing toilet (old flush): 13 litres	Showering (5 minutes): 100 litres		
Brushing teeth (tap on): 10 litres	Bath: 150 litres			
Cooking: 20 litres	1 load of laundry: 225 litres			
Use the following chart to track your v		C: Number of times D: Total litres		
A: Water function	B: Average water consumption (see table above)	used in one day (B x C)		
	Total litres	of water used on Day 1:		

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Name		
Date		

Worksheet - Day 2

This worksheet is for offline tracking only. You must complete the online form in order to receive credit.

DAY 2

A: Water function	(see table above)	used in one day	(B x C)	

Total litres of water used on Day 2:_____

Day 1 total - Day 2 total = TOTAL WATER SAVED



