

		Name		
Worksheet - Day 1		Date		
Average water consumption for da	ily functions			
Flushing toilet (low flush): 6 litres	Hand washing dishes: 35 litres	■ Dishwasher: 40 litres		
Brushing teeth (tap off ): 1 litre	Flushing toilet (old flush): 13 litres	Showering (5 minutes): 100 litre		
Brushing teeth (tap on): 10 litres	Bath: 150 litres			
Cooking: 20 litres	■ 1 load of laundry: 225 litres			
Use the following chart to track your DAY 1	water use.			
A: Water function	B: Average water consumption (see table above)	C: Number of times D: Total litres used in one day (B x C)		
	Total litre	s of water used on Day 1 :		
	/ <b>W</b> \			
Classroom Energy Diet Challenge		Energydiet.ca		



Name		
Date		

## Worksheet - Day 2

This worksheet is for offline tracking only. You must complete the online form in order to receive credit.

DAY 2

A: Water function	(see table above)	used in one day	(B x C)

Total litres of water used on Day 2:\_\_\_\_\_

Day 1 total - Day 2 total = TOTAL WATER SAVED



